

10 Reasons why Vitality can make your life more rewarding



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Vitality helps you to get healthier by giving you the knowledge, tools and motivation to improve your health. Apart from the fact that a healthy life is generally more rewarding, it's been clinically proven that Vitality members have lower healthcare costs than non-Vitality members. So, start your journey to a healthier you.

1. Get up to 25% cash back on thousands of HealthyFood at Pick n Pay or Woolworths*. Get up to 25% cash back on HealthyCare at Clicks and HealthyGear at adidas and Totalsports stores.
2. Join LivingVitality on www.discovery.co.za an interactive platform that gives you fitness, nutrition and health support to manage your wellbeing.
3. Get free calls** and boosted data with VitalityMobile in partnership with Cell C.
4. Join Virgin Active Health Clubs or Planet Fitness and save up to 80% on the standard monthly rate.
5. Get terrific travel savings with up to 35% off kulula.com, Emirates and British Airways flights and up to 50% off at Tsogo Sun.
6. Watch Ster-Kinekor movies for less than half price and Vitality kids older than 2 but younger than 18 can watch Ster-Kinekor movies free before 7pm on completing a Kids Vitality Health Review.
7. Join Discovery Baby as an expecting parent and get expert advice, information and a Discovery Baby bag full of essential baby products.

8. discovery/mall on www.discovery.co.za is an online shopping portal that offers Vitality members a world of shopping and up to 60% off magazines from leading publishers through the VitalityMall.
9. Set personal health goals to improve your health. You'll earn extra Vitality points for reaching your goals and for results in the healthy ranges.
10. Get cash back when you shop with your DiscoveryCard in the DiscoveryCard partner store network.

Stay in touch

Terms and conditions apply. If you have any questions or need more information, please visit www.discovery.co.za or call 0860 99 88 77.



Discovery Vitality or follow us on



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* To qualify for HealthyFood cash back at Woolworths, you have to be on an Executive or Classic Health Plan (excluding the Classic Core Health Plan). If you're on a different plan, you will still qualify for either 10% or up to 25% cash back on HealthyFood at Pick n Pay.

* Subject to a fair usage policy.